



Founded in 1997.  
Logo art of Tall Goldenrod,  
*Solidago altissima*,  
by Nat Cleavitt, 2006.

# Solidago

Newsletter of the  
Finger Lakes Native Plant Society

Volume 17, No. 2

FOR

June 2016

## PLANT ECOLOGY

### Perfectly Coordinated ~

## Wild Lupines and Karner Blues in New York

by Robert Dirig



**W**ILD LUPINES AND KARNER BLUES are esthetically and ecologically coordinated in wonderful ways! This endangered butterfly has intertwined its life cycle with the seasonality of Wild Lupine (*Lupinus perennis*), its only larval foodplant (7, p. 2). Understanding their interaction helps us safeguard both the plant and the butterfly.

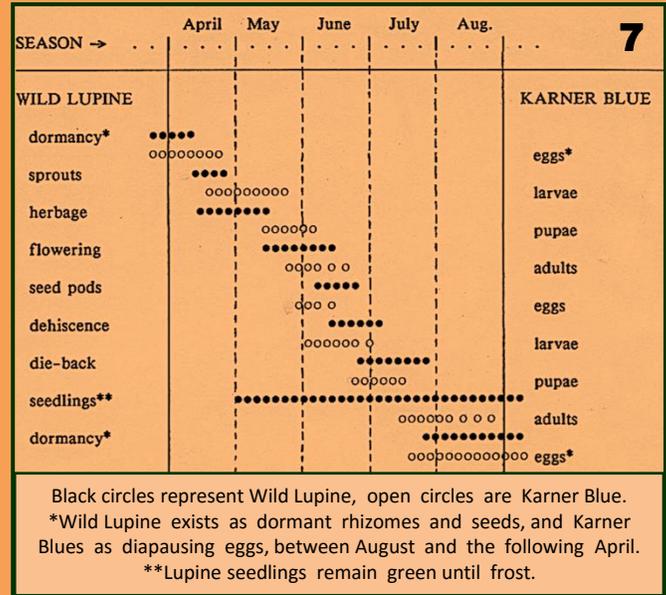
In New York, Wild Lupine sprouts from extensive perennial rhizomes in mid-April (4), sending its purplish leaves upward through the sand. Five or more flowering stalks originate from one rhizome, producing a clumped habit (18, p. 3). Plants grow rapidly over the next month (2), with inflorescence buds appearing from May 7-13, and full bloom attained by May 20 in most years (3). Flowering lasts through mid-June, when seed pods develop (5). Late in June, the pods forcibly dehisce, throwing the seeds (5, inset) 3-7 ft. from the plant. Lupine seeds remain on or in the sand, and optimally germinate when scored or scorched (6).

Photographs copyright ©  
2016 by Robert Dirig

**Karner Blues** (*Lycaeides samuelis*, male 1, female 2) closely associate with **Wild Lupines** (2-5), which bloom when the first brood flies, in May and June. New plants appear in the spring, growing until frost (6).

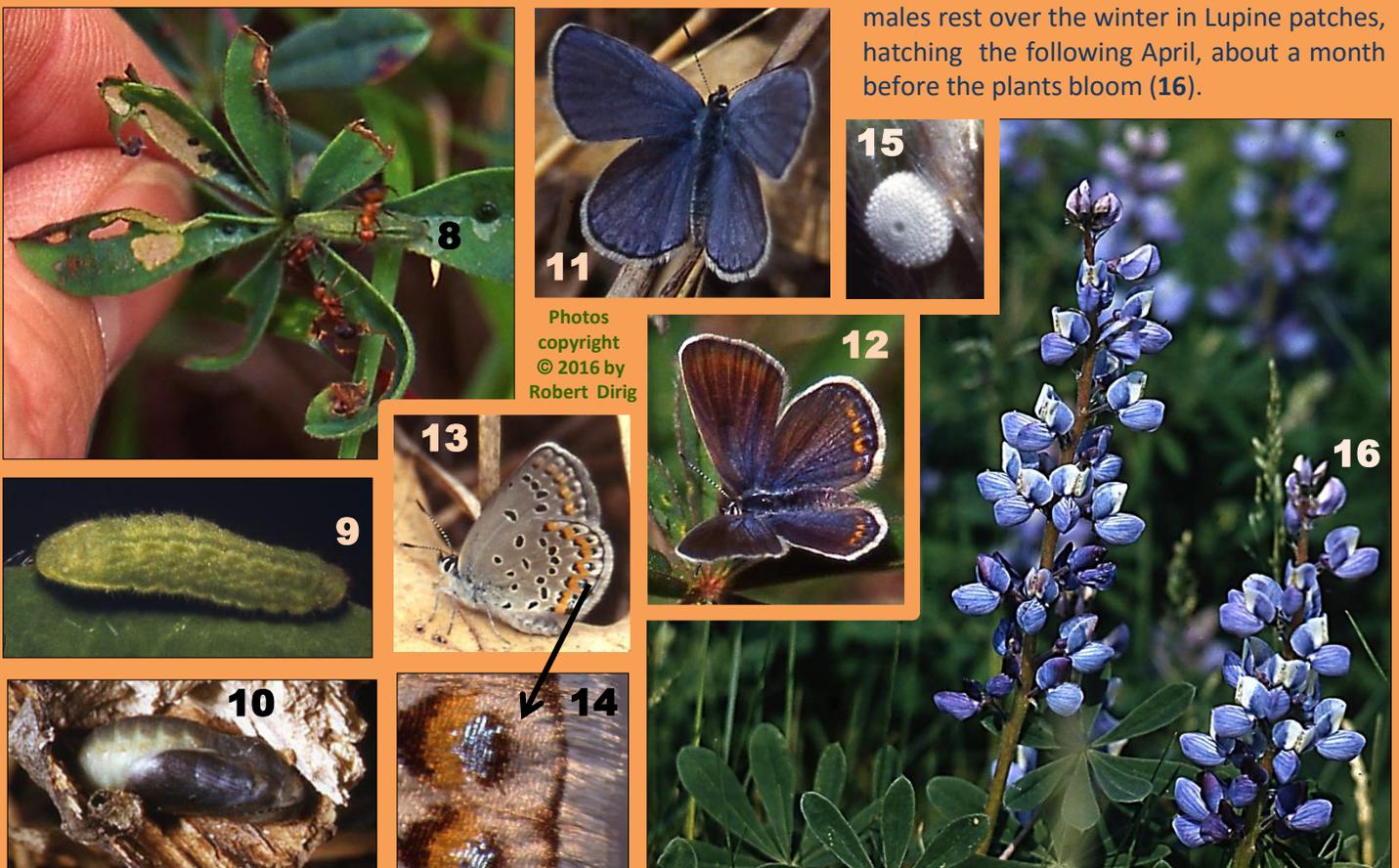
Leaves and seed-bearing stems rapidly blacken and die down by early August, except for new seedlings (6, p. 1) that persist until frost. From early autumn through the following April, the plant exists as resting seeds, and thick subterranean rhizomes that may penetrate more than 6 ft. into the sand. New leaves sprout the following April, reinitiating the annual cycle (4).

Fig. 7 illustrates how the annual cycle of the Karner Blue merges with Wild Lupine's yearly pattern. Overwintered eggs hatch late in April, and the minuscule (1-mm-long) larvae must crawl to new Lupine leaves before beginning to feed (8) — the advantage of occurring within solid stands of the foodplant is obvious. The caterpillars mature by late May (9) and pupate (10), with first brood adults (1-2, 11-13) on the wing from about May 20 through June 10. Eggs laid by first brood females hatch in about a week, the larvae feeding through the beginning of July, then pupating to produce second brood adults from mid-July to early August. Wild Lupine dies down by the end of July, so second brood females lay eggs on or near the foodplant's seed pods or dead stalks, but these are loosely attached, and may drop onto the sand, where they overwinter, hatching the following April, after Wild Lupine sprouts. ***This synchrony is highly specialized, with active periods of both plant and butterfly occupying only four months of the year.***

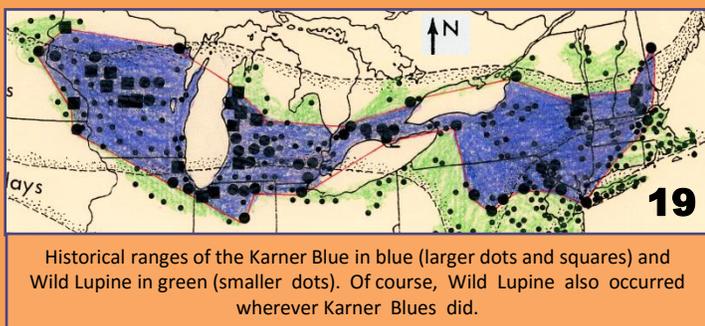
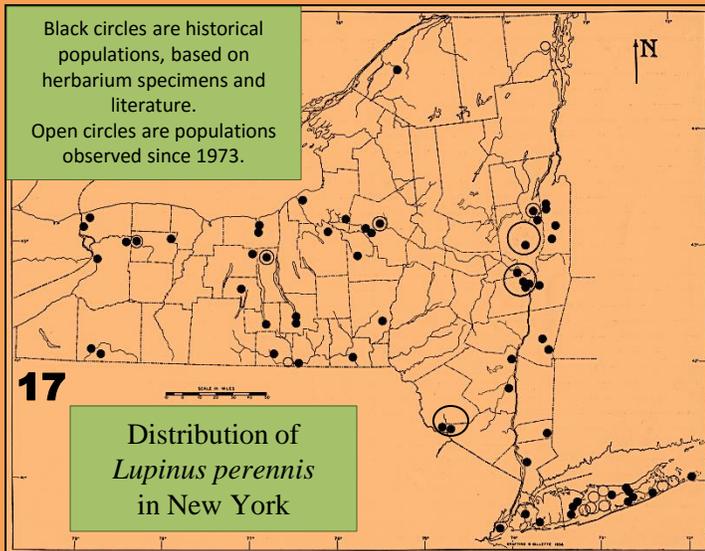


Wild Lupine is sparsely distributed in New York, usually growing in sandy soils (17, p. 3). It occurs along the Lake Ontario Plain, in the Finger Lakes, in the Mohawk and Hudson River drainages, and on Long Island. Its wider range is from Minnesota to Maine, and south and west along the Atlantic coast and Gulf States to Texas (19, p. 3).

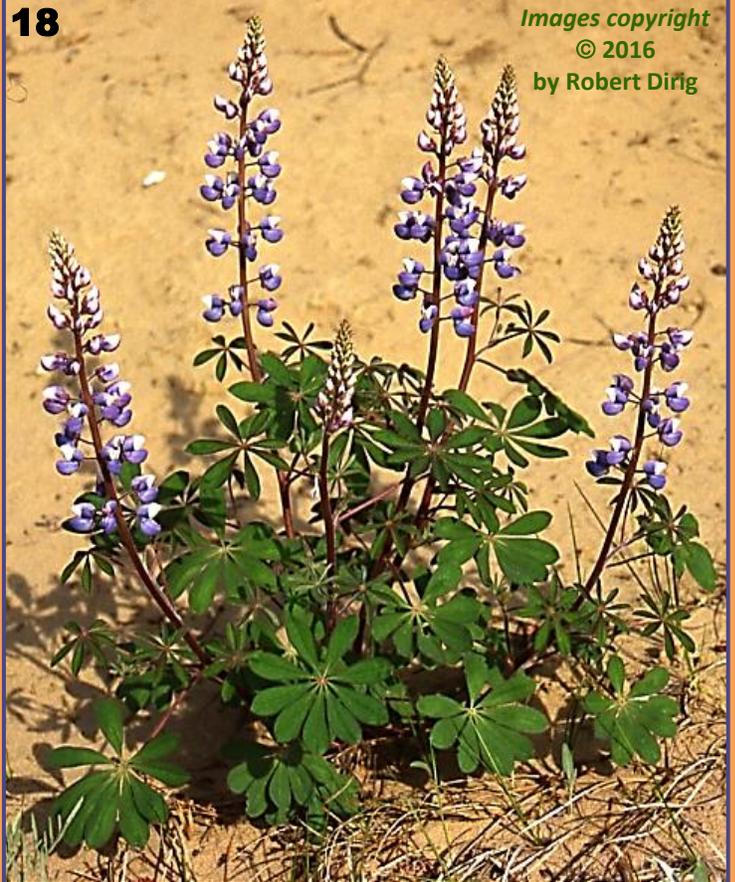
Karner Blue larvae are often attended by ants (8), which may drive away parasitoids. Fully grown caterpillars (9) are ca. ½ in. long and velvety green. They pupate off the plant (10) in the litter. Adult males (11) and females (12) are grey beneath, with black, white-rimmed dots (13), and a row of Nabokov's "peacock spots" (14) along the outer edge of the hindwings. The 0.7-mm-wide, nubby white eggs (15) hatch in a week in spring, but eggs laid by second-brood females rest over the winter in Lupine patches, hatching the following April, about a month before the plants bloom (16).



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**18**

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The Karner Blue originally occupied the northern edge of Wild Lupine's range (19), but natural populations are now largely restricted to New York, Michigan, and Wisconsin, with reintroductions in a few areas.

Wild Lupine's gorgeous blue flowers (a few plants have pink or white blooms) are attractive to many potential pollinators in New York. Honey Bees (*Apis mellifera*), Bumble Bees (*Bombus* spp.), and Carpenter Bees (*Xylocopa americana*) feed at the flowers. **Lepidopterans** that I have watched taking nectar at Wild Lupine include the Hummingbird Clearwing (*Hemaris thysbe*), Hobomok Skipper (*Poanes hobomok*), Cobweb Skipper (*Hesperia metea*), Silver-spotted Skipper (*Epargyreus clarus*), Juvenal's & Dreamy Duskywings (*Erynnis juvenalis*, *E. icelus*), Common Roadside Skipper (*Amblyscirtes vialis*), Black & Tiger Swallowtails (*Papilio polyxenes*, *P. glaucus*), Clouded & Orange Sulphurs (*Colias philodice*, *C. eurytheme*), Cabbage White (*Pieris rapae*), Frosted Elfin (*Callophrys irus*), and Karner Blues. [Feeding at the flowers does not guarantee pollination.] Other butterflies with **larvae** that feed on Wild Lupine include Frosted Elfin, Eastern Tailed Blue (*Cupidio comyntas*), and Persius & Wild Indigo Duskywings (*Erynnis persius*, *E. baptisiae*).

This butterfly's story is tied to **Vladimir Nabokov**, the famous author and lepidopterist, who described it from the Albany Pine Bush in 1943. Historically, millions of this butterfly flew in solid masses of Wild Lupine that extended over many acres near Albany. Al Frederick wrote (in 1973) that Karner Blues "were so abundant in the sand plains west of Albany be-

tween the city line and Karner [a railway stop between Albany and Schenectady] that I've often taken as many as 30 or more in one swing of the net. They just swarmed in the fields of Blue Lupine. But starting in the [19]30's the city spread outward and the entire area was bulldozed...." Conservation efforts began in 1973, when the fledgling Xerces Society became involved in its preservation, and soon after, N.Y.S. and Federal agencies had declared it endangered. It is now very well studied, and the most famous of Nabokov's butterflies. The best places to see living adults in N.Y. are at the Albany Pine Bush Preserve or in Saratoga County.

This color-coordinated plant and butterfly continue their delicate dance in Nabokov's "sandy and flowery little paradise," with the cobalt blue Helderberg ridge and the paler blue Catskill high peaks to the south, glimpsed from the top of a windswept dune under a deep blue sky.

✂

### For Further Information

Dirig, Robert. 1976. Karner's Famous Blue Butterfly (pp. 197-210, 250-252). In: Rittner, Don (ed.), *Pine Bush — Albany's Last Frontier*, Albany, N.Y., Pine Bush Historic Preservation Project, xx + 266 pp. + map.

\_\_\_\_\_. 1994. Historical Notes on Wild Lupine and the Karner Blue Butterfly at the Albany Pine Bush, N.Y., pp. 23-36. In: Andow, D. A., R. J. Baker, & C. P. Lane (eds.), *Karner Blue Butterfly — A Symbol of a Vanishing Landscape*, St. Paul, Minn., Minnesota Agricultural Experiment Station, University of Minnesota, Miscellaneous Publication 84-1994, vii + 222 pp.

\_\_\_\_\_. 1997, Spring. Karner Blue, Sing Your Purple Song. *American Butterflies* 5(1): 14-20.

\_\_\_\_\_. 2003. Theme in Blue: Vladimir Nabokov's Endangered Butterfly. 205-218, Figs. 19.1-19.6. In: Shapiro, Gavriel (ed.), *Nabokov at Cornell*, Ithaca & London, Cornell University Press, xiv + 288 pp.



# Solidago

Newsletter of the  
Finger Lakes Native Plant Society

Volume 17, No. 2

June 2016

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To receive a colored version when *Solidago* is published, please ask **Arieh Tal** to join our e-mail distribution list. Each colored version will also be posted on our website ([www.flnps.org](http://www.flnps.org)) after the next issue is produced.

## Contents

**Azures**  
(*Celastrina* sp.)  
nectaring on  
**Water Forget-  
Me-Not**  
(*Myosotis*  
*scorpioides*)



### PLANT ECOLOGY

*Perfectly Coordinated—Wild Lupines and Karner Blues in New York* (Robert Dirig) • 1-3

### MISCELLANY

- Front Matter & Contents* • 4
- Name That Plant Contest* (David Werier) • 5
- Letters* (Julia Miller, Steve Daniel) • 5
- NYFA's 2016 Wildflower of the Year* • 8
- Thank You!* (Robert Dirig) • 8
- FLNPS Is Now on Facebook* (Anna Stalter) • 12

### LOCAL FLORA

*Wild Ginger* (Robert Dirig & Matthew Dirig) • 6

### POET'S CORNER

- The Pond* (Thelma Turner) • 7
- Dog Day Harvestfly* (Mary Gilliland) • 8
- Flight* (Thelma Turner) • 11

### BOOK REVIEWS

- Wildflowers of New England* (Arieh Tal) • 9-10
- Wildflowers of Tennessee* (Charles R. Smith) • 10
- Thoreau's Wildflowers* (Geoff Wisner) • 10

FLNPS SUMMER CALENDAR • 12

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## Please Contribute to *Solidago*

WE WELCOME CONTRIBUTIONS THAT FEATURE WILD PLANTS OF THE FINGER LAKES REGION OF N.Y. We include cryptogams (bryophytes, lichens, fungi, and algae) as "flora," and recognize that green plants provide habitats and substrates for these and many animals, especially insects. We are interested in zoological associations as long as plants are an integral part of the story.

We can use a wide spectrum of material in a variety of writing styles. Our regular columns include the **NAME THAT PLANT CONTEST** (identifying a mystery plant from images), **LOCAL FLORA** (plant lists from special sites), **OUTINGS** (reports of FLNPS-sponsored excursions), and **PLANT PROFILES** (on specific local plants). We also occasionally publish **APPRECIATIONS** (memorials to local botanists and naturalists), **REVIEWS** (of books, talks, workshops, nurseries), **LETTERS** (commentaries and letters to the editor), **ESSAYS** (on botanical themes), **VERSE** (haiku, sonnets, and poems of less formal structure), **ART** (botanical illustrations, plant designs, pencil sketches, decorations), and **PHOTOGRAPHS** (stand-alone images, photo essays, and full-page composite plates, or originals that can be scanned & returned). We also can always use **FILLERS** (very short notes, small images, cartoons) for the last few inches of a column.

*Colored images in the online version will be converted into black and white before printing paper copies for mailing.*



Please send *Solidago*  
contributions & correspondence  
to Robert Dirig, Editor,  
at [red2@cornell.edu](mailto:red2@cornell.edu).

Deadline for the September 2016  
issue is August 15<sup>th</sup>!

## Name That Plant Contest

The photo from last issue's NAME THAT PLANT CONTEST [Solidago 17(1), page 5] was of **Maple-leaved Viburnum (*Viburnum acerifolium*)**. This acidic forest understory species is one of two viburnums with three-lobed leaves that grow in central New York. The other, Highbush-Cranberry (*Viburnum opulus*), generally occurs in wetter, often less shaded habitats. Thanks to all those who entered the contest, and congratulations to the winners: **Betsy Darlington, Bob Dirig, Ken Hull, Susanne Lorbeer, Rosemarie Parker, Debby Shanahan, and Charlie Smith.**



**THIS ISSUE'S MYSTERY PLANT IS SHOWN ABOVE.** It is a delicate herb of intact moist forests, and superficially resembles a few other species that grow in the same habitat. Hints and suggestions are often provided to contest participants who try. Common and/or scientific names are acceptable. More than one guess is allowed. Please submit your answers to

**David Werier** \_\_\_\_\_

The photograph was taken by David Werier on 5 May 2006 in Passaic County, New Jersey.



**Swamp Rose (*Rosa palustris*)** blooms during July in shrubby calcareous wetlands in the Finger Lakes Region.

## Letters



Dear Bob,

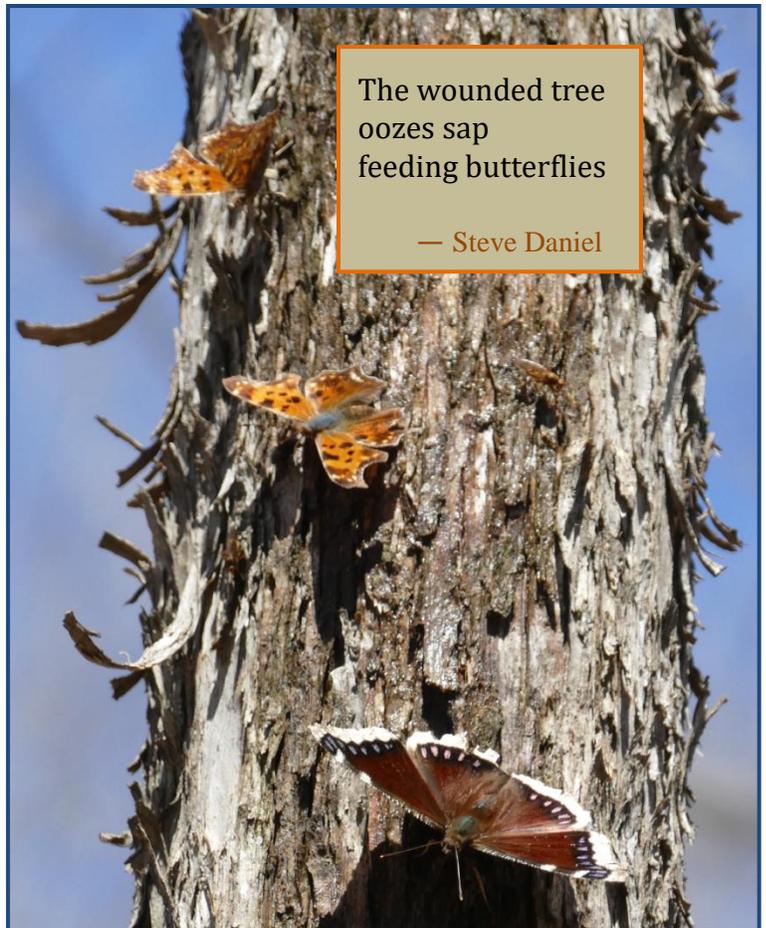
I would like to contribute photos to the upcoming *Solidago*. I didn't find this species in the Finger Lakes Region, but they can be found around the area.\* I was hiking in the Minnewaska State Park, outside of New Paltz, N. Y., going down towards the river, which was surrounded by large slabs of rock. On one slab, I saw a little grassy hill covered with **Common Bluets (*Houstonia caerulea*)**! There were hundreds in a meter by meter patch.

\*They are sparse here.  
SOUTH HILL in  
Ithaca is one site (Ed.)

**Julia Miller**  
email of 30 April 2016



Here's a little haiku to go with the sap drinkers: Eastern Commas and a Mourning Cloak, feeding on sap from a wound in a Hop Hornbeam (*Ostrya virginiana*), St. Lawrence State Park, N. Y., 30 April 2016. **Steve Daniel**, email of 30 April 2016.



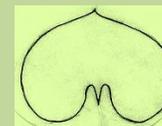
The wounded tree  
oozes sap  
feeding butterflies  
— Steve Daniel

LOCAL FLORA

# A Special Delight of Spring Woodlands



Two very different styles visually describe this wonderful plant. Those on the bottom are literal scientific portrayals, while the one on the left is a stylized motif, inspired by William Morris' Victorian designs for botanical wallpaper. The poem blends scientific details with artistic language to characterize the plant.



The reniform (kidney-shaped) summer leaf

In full bloom, by R. D., May 8<sup>th</sup> 1980.



# Wild Ginger

*How lovely, the two cordate leaves, fuzzy and veined, sunbathing on the forest floor in early spring.*

*What a surprise, the flower-tube under dead leaves, with three deep purple calyx-lobes and white-marked throat.*

*How delicate, the spicy smell of leaf and stem, suggestive of store ginger-root, but not as sharp.*

*How soon the leaves grow reniform; the flowers die and wither in the summer shade until next spring.*

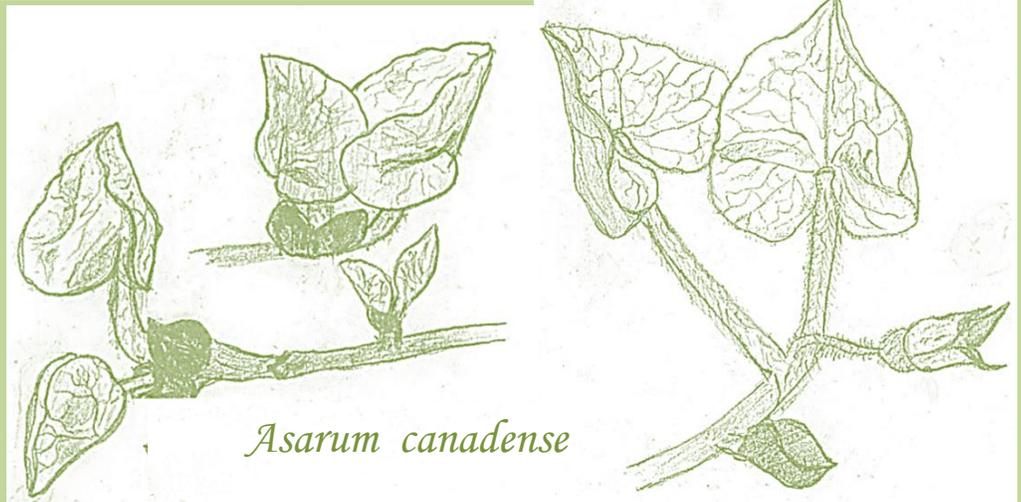
— Robert Dirig,  
8-9 May 1989

© Dirig 1993

Poem & design copyright © 2016 by Robert Dirig

## Wild Ginger Begins

by Matthew Dirig (2/3 life size), April 19<sup>th</sup> 1980 (left); and in early bloom on April 22<sup>nd</sup> 1980, with cordate (heart-shaped) spring leaves (right).

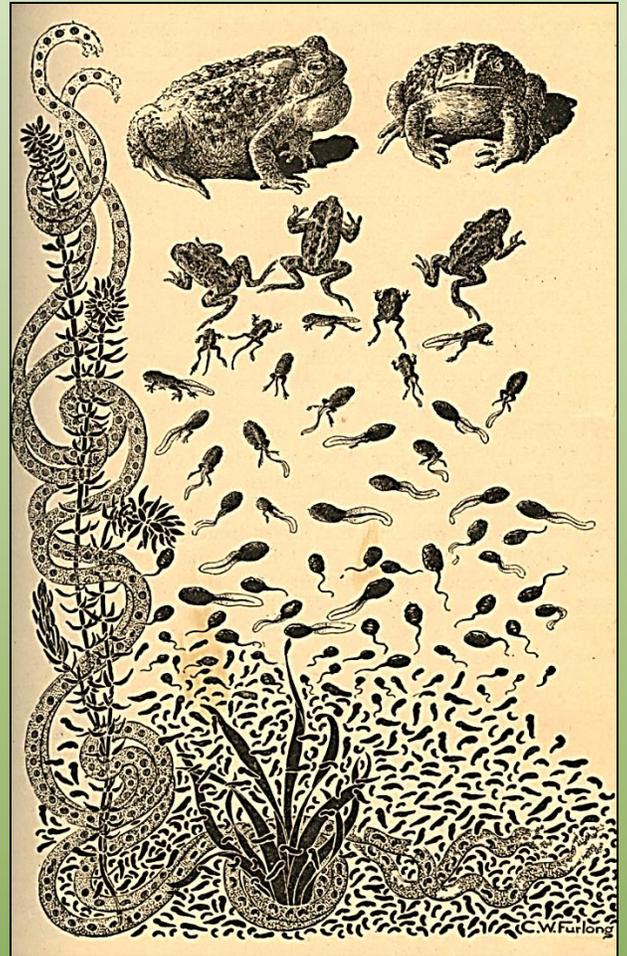


POET'S CORNER

# THE POND

by Thelma Turner

There must have been 10 million of us  
covered with slime  
so thick we turned the field  
wet brown,  
ten million or more of us  
growing tiny legs and toes and lungs,  
leaving tails and gills behind  
so we could breathe,  
ten million leaping bodies  
on top of the muck and blades of grass  
that edged the pond—  
until the hoof of a horse came down  
and killed 10,000, and a dog's paw  
ripped the flesh of 5,000 more, and a man's foot  
squashed 7,000 more—  
until a child's hand picked me up  
and we peered into each other's eyes  
to see what the other was,  
and then gently put me down again  
and I saw in the places  
where the horse and the dog and the man  
had stepped, the field had become a pasture again  
where I could grow new skin



The **NEW YORK FLORA ASSOCIATION** has proclaimed **Fringed Milkwort** (*Polygaloides paucifolia*) to be the **2016 Wildflower of the Year!** Watch for its lovely magenta blooms in May and early June.

This plant was photographed at South Hill in Ithaca on 9 May 1998 by the Editor.



## Thank You!

**Volume 17, No. 2** marks the end of four years, and sixteen issues, as Editor. Although it takes much time and effort, I have very much enjoyed producing *Solidago*, and I look forward to a fifth year. I am grateful for the many contributions and continuing support that we have received. Due to scientific content in our issues, we have recently been asked to post *Solidago* on the Biodiversity Heritage Library at Harvard University, a consortium of major natural history museums, botanical libraries, and research institutions that cooperate to digitize and make accessible the legacy biodiversity literature.

For **Volume 17, No. 2**, we thank **WRITERS** Steve Daniel, Robert Dirig, Mary Gilliland, David Keifer, Julia Miller, Rosemarie Parker, Charles R. Smith, Anna Stalter, Arieh Tal, Thelma Turner, David Werier, & Geoff Wisner, whose contributions make this issue special. **ILLUSTRATIONS** were loaned by Steve Daniel, Julia Miller, & David Werier (p. 5); Matthew Dirig (p. 6); Arieh Tal (p. 9); and Robert Dirig [pp. 1-4, 5 (*bottom left*), 6, 8, & 11-12]. Jo Brewer took the photo of the Karner Blue chrysalis (p. 2, *No. 10*). The drawing of the American Toad's life stages (p. 7), by C. W. Furlong, originally appeared in the *Cornell Rural School Leaflet*, Vol. 10, No. 1, p. 91, in Sept. 1916. **CALENDAR ITEMS** were organized by Rosemarie Parker & Anna Stalter. **LAYOUT & DESIGN** by the Editor; **PROOFREADING** by Rosemarie Parker; **PRINTING** by Gnomon Copy, Ithaca, N. Y.; and **MAILING** by Rosemarie Parker & Susanne Lorbeer. I especially appreciate the support of Carolyn Klass, Scott LaGreca, Torben Russo, & Thelma Turner while preparing this issue.

**BEST WISHES to FLNPS members  
(and all others in our reading audience)  
for joyous revels with the  
continuing pageant of summer flora!**

— Robert Dirig



**Marsh Bellflower** (*Campanula aparinoides*) is a wetland treasure of fens and limy shores, blooming in July and August in the Finger Lakes Region.

## POET'S CORNER



### DOG DAY HARVESTFLY

by Mary Gilliland

Clamped upon ribbed ridges  
where shell cracked a central seam  
the full-grown harvestfly emerges aqua  
lighter blue than anywhere in nature,  
two three-inch wings  
spread not yet for flying  
drying.

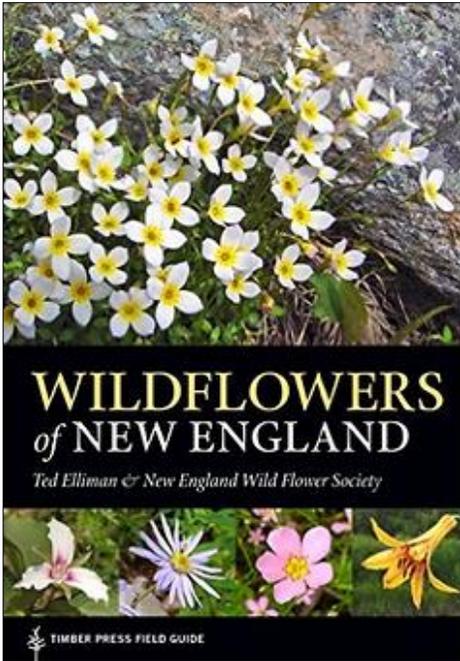
To the brown shell of a nymph  
that grubbed on root juices three years  
whose empty feet  
will grip the cohosh leaf  
until the next great wind  
clings the origin of faerie.  
To a dull mound with emptied legs.

When peach juices and blackberry  
run down the chin and a dozen  
ears of corn tassel market sacks  
we see them parked on flagstones  
or outgreening the grass,  
black back and eyes, clear wings  
with emerald hems, and the red shoes

of creatures who have longed  
to dance, whose feet will never cross  
church threshold, whose bread of life  
is air. In an hour the spread wings  
will shutter the great body  
hardening before the rain, vibrant  
vulnerable blue a sere cicada drone.

*Originally published in Stone Canoe Online (2012)*

## BOOK REVIEWS



*Wildflowers of New England*, by Ted Elliman & the New England Wild Flower Society. A Timber Press Field Guide, 2016.

Reviewed by **Arieh Tal**

Several generations of naturalists, wildflower hobbyists, and environmental practitioners have trusted (Lawrence) *Newcomb's Wildflower Guide*<sup>1</sup> and Peterson's and McKenny's<sup>2</sup> *A Field Guide to Wildflowers*, to teach them about the wildflowers of the northeastern United States. During those years, botanical science has made enormous progress in

understanding evolutionary relationships between species, thanks in part to the development of powerful genetic, analytical methods. Consequently, research findings since the 1960s have resulted in the need for many changes to scientific names of plant species, genera, and even families; and a significant proportion of the plant names used today in scientific literature no longer correspond to the names used in our venerable, aging, user-friendly field guides.

To address the needs for an updated wildflower guide, the New England Wild Flower Society (NEWFS) commissioned Ted Elliman to write *Wildflowers of New England*. Elliman's new guide incorporates some of the best features of our two older, user-friendly field guides, using full-color photographs (rather than drawings) to portray the inflorescences of 1100 wildflowers and small flowering shrubs of New England. Three species are described on each page of the manual, with a photo, a brief paragraph describing important field characteristics, flowering periods, habitats, and both scientific and common names.

Elliman's field guide employs a non-dichotomous key, based on both floral and vegetative (mainly leaf) characteristics. Like the Peterson and McKenny guide, the entry point for the logic is based on flower color. The user is next asked to decide how many petals the flowers have, and whether they are radially or bilaterally symmetrical. Following that, one must determine whether the plant's leaves are toothed, lobed, divided, or none of those (*i.e.*, simple and/or entire), and whether they are arranged in alternate, opposite, or whorled order, or are primarily basal. According to the results, one is directed to a given page or range of pages, containing descriptions and images of corresponding species.

To understand what is meant by "symmetry," think of trying to draw an imaginary line through the center of the flower. Would the left half of the flower be exactly like the right half, and how many dif-

ferent ways of drawing the imaginary line through the center of the flower would yield the same result? If you can divide the flower into two equal halves in only one plane, then you have "bilateral symmetry." If you can divide the flower into two equal halves in many planes, then you have "radial symmetry." Flowers of species in the mint, orchid, and violet families exemplify "bilateral symmetry," whereas flowers of species in the rose, mustard, and composite families exemplify "radial symmetry." (See examples below.)

**Bilateral Symmetry in a Violet (top)**



**Radial Symmetry in the Rose Family (center) and Composite Family (bottom)**



Photographs by Arieh Tal

The Elliman guide also features a brief tutorial on plant morphology, a glossary of technical terms, and an excellent survey of landscape and natural community types, to help us associate the plants we find with their preferred habitats. The level of technical knowledge required is about the same as that of the two older field guides it replaces. The index at the back of the book is very comprehensive. For convenience, it also lists most of the older or former common and scientific plant names, and refers you to the new names.

Like its predecessors, the new guide is vastly easier to use, and to tote, than more comprehensive and technically exacting field manuals, but it describes only about a third of the species one could potentially find in the field. So, one must refer to other sources if identification was unsuccessful. The other major advantage of the new wildflower guide is that the plant names are the same as those you will find in Haines' *Flora Novae Angliae*<sup>3</sup> and on the *GoBotany*<sup>4</sup> website.

How well does this new guide to New England's wildflowers cover the wildflowers found in New York? To answer that question, I made a list of the species included in the book's index. Ninety-seven percent of the species listed are also found in New York State, according to the New York Flora Atlas (NYFA) website. The scientific names of only 3% of the listed species differ from those on the NYFA website.

<sup>1</sup> Newcomb, Lawrence. *Newcomb's Wildflower Guide*. Little, Brown and Company. Boston. 1977 and later.

<sup>2</sup> Peterson, Roger Tory, and Margaret McKenny. *A Field Guide to the Wildflowers of Northeastern and North-central North America*. Houghton Mifflin Company. Boston. 1968 and later.

<sup>3</sup> Haines, Arthur. *Flora Novae Angliae: A Manual for the Identification of Native and Naturalized Higher Vascular Plants of New England*. New England Wild Flower Society (Framingham, Massachusetts) and Yale University Press (New Haven, Connecticut). 2011.

<sup>4</sup> <http://gobotany.newenglandwild.org/>



*Wildflowers of Tennessee, the Ohio Valley, and the Southern Appalachians*, edited by Dennis Horn & Tavia Cathcart. 2005. Lone Pine Publishing, 496 pp., \$22.95. The Official Field Guide of the Tennessee Native Plant Society. 5½ × 8½ × 1 inches, 1 lb., 13 oz., with flexible fabric cover.

Reviewed by **Charles R. Smith**

This field guide covers a region south and west of New York State, including all of Kentucky, Tennessee, and West Virginia, and parts of the adjoining thirteen states, encompassing the Appalachian Mountains, from central Pennsylvania to northern Georgia. While not specific to New York and the Northeast, I estimate the overlap with northeastern species to be more than 80 percent, because of many northeastern species occurring at high elevations in the Appalachians, and many southern species reaching the northern limits of their range in New York. I have used this guide in the Great Smoky Mountains National Park for the

past five years, and on a road trip through western Pennsylvania, Ohio, Kentucky, Tennessee, and Virginia in Spring 2015.

The book has 800 color photos, includes illustrated non-technical keys to genera for 12 larger families (e.g. Apiaceae, Asteraceae, Orchidaceae), and has an illustrated glossary. Some colorful *woody* plants (e.g. Ericaceae) are included, as well, along with a few of the more distinctive rushes, sedges, and grasses (only 14 species). More than 1250 species and varieties of monocots and dicots are described. A simple, picture key to 300 representative species, based on flower color, with thumbnail photos of each species, is found at the beginning of the guide. Family sequence, and many scientific and English names, follow Gleason and Cronquist's (1991), *Manual of Vascular Plants of Northeastern United States and Adjacent Canada* (2<sup>nd</sup> ed).

A typical species account includes a color photograph of the plant, English and scientific names, general description (leaves, flowers, fruits), where found (habitats and geographic distribution), flowering period, and notes. Information about the meanings of scientific names (etymologies), and known medicinal uses of some plants, typically by American Indian tribes, is often included in the notes. Other, related species, found in the region covered by the guide, but not described therein, also are listed. The book includes a bibliography of over 128 references and nine helpful web sites.

For use in the field, this guide is a bit larger and heavier than the field guides by Newcomb or Peterson & McKinney, though it covers a comparable number of species, and its taxonomic nomenclature is more current. Still, it certainly is more compact than *Gray's Manual*. For my use, this book largely has replaced my other field guides.

I especially like having keys for many of the larger, sometimes more difficult families, and the illustrated glossary. Both of these features make the book relatively easy to use. I also have appreciated the inclusion of most Appalachian endemics (e.g., *Rugelia nudicaulis*, *Solidago roanensis*). Given my own interests, however, I was a bit disappointed to find only nine goldenrods described in the guide, when we have at least a dozen or so here in the Cayuga Lake Basin alone. On the other hand, this guide has a brief, but helpful description of the differences between Blue Cohosh (*Caulophyllum thalictroides*) and Giant Blue Cohosh (*C. giganteum*).

If your future travels take you to the region covered by this guide, especially the Appalachian Mountains, I enthusiastically recommend you add this book to your collection of field guides. Here in New York, it is an excellent complement to the other popular field guides we typically use.



As a native of Skaneateles in the Finger Lakes, I am pleased to announce my new book *Thoreau's Wildflowers*, published in March 2016 by Yale University Press. It is a generous collection of Thoreau's writings on the flowering plants of Concord, Massachusetts, arranged by day of the year, and accompanied by more than 200 drawings by the celebrated illustrator **Barry Moser**. The book illuminates not only Thoreau's ecological insights and botanical expertise, but his belief in nature's correspondence with the human soul. *Open Letters Journal* said, "This lovely new volume ... almost immediately announces itself as a requisite addition to any shelf of Thoreau books." — **Geoff Wisner**

POET'S CORNER

# FLIGHT

by Thelma Turner



Like the chrysalis  
of a golden-crowned monarch  
with wings stuck fast to its sides,

my body's too small  
to hold all that I want.

It comes and it goes,  
arriving only in symbols,  
whir of Ezekiel's wheel,  
soft breath of a humming bird,  
the whisper  
I barely hear,

"Why do you remain  
in this valley of false delights  
flirting with truth  
when the journey  
of 2,000 miles  
lies before you,  
your wings  
soaring into the clouds,  
your feet  
not once walking on land?"

The voice of Thunder  
from over the hills  
pounds in my ears,

"You need to  
*be* what you want:  
wind beneath your wings,  
feathers iridescent with color,  
sweet beat of your heart  
like that of a dove  
after the excitement of flight."

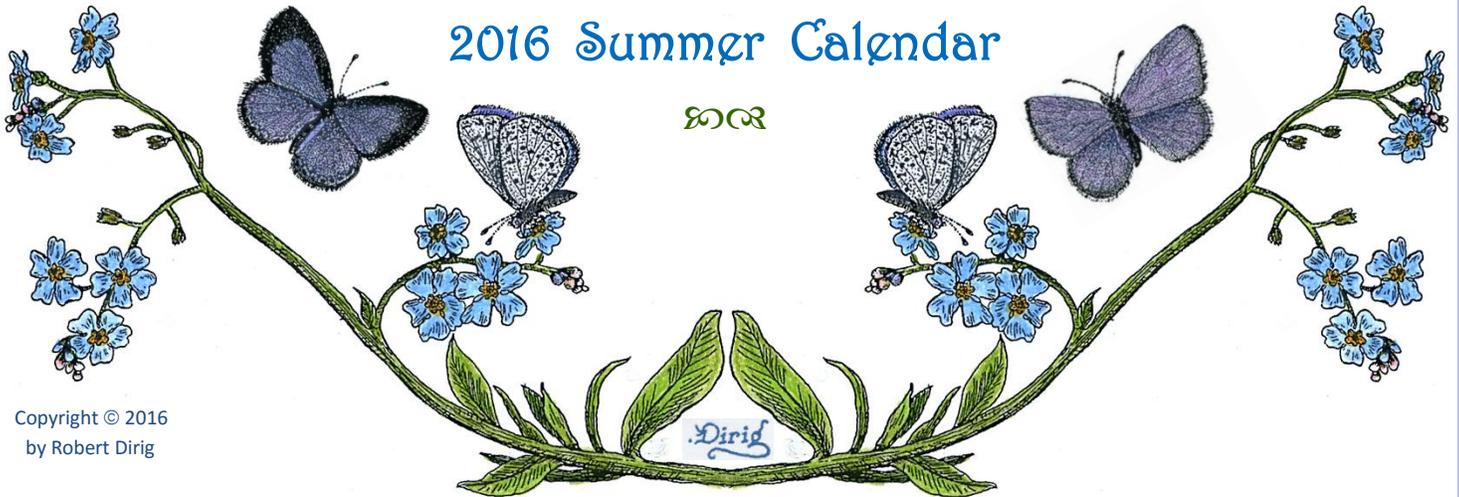
It comes and it goes  
like the tropical bird  
in my head  
yearning to be free.

7-18-12 thelma



# Finger Lakes Native Plant Society

## 2016 Summer Calendar



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by Robert Dirig

### THEME IN BLUE

**Azures (*Celastrina* sp.) and Water Forget-Me-Not (*Myosotis scorpioides*), 17 June 1970.** Pen-and-ink drawing (1975), colored for this issue. Open female (*left*), nectaring males (*left & right center*), and open male (*right*).

Although this is a naturalized European plant, it lends great beauty and grace to gentle waterways, and “earns its keep” by providing nectar to thirty-two species of wetland butterflies.

#### **June 19 — Sunday — 1:00 p.m. Lime Hollow Walk.**

Join **ROBERT WESLEY** for a walk in the varied habitats of Lime Hollow. A rich woods, acid bog, and marl ponds are home to a wide diversity of plant life. Meet at the Cornell Cooperative Extension (CCE) center at 615 Willow Ave. in Ithaca, N.Y., at 1:00 p.m. to carpool, or at 1:45 p.m. at the parking area on Gracie Road.

#### **July 16 — Saturday — 1:00 p.m. Moss Walk at the Lindsay Parsons Biodiversity Preserve, led by NORM TRIGOBOFF.**

Learn to identify wetland bryophytes. Bring boots, otter repellent, and a 10× hand lens if you have them. Meet at CCE at 1:00 p.m. to carpool, or at the parking area at the preserve in West Danby at 1:30 pm.

*Please watch our website ([flnps.org](http://flnps.org)) for further details and other announcements. Happy summer!*



### FLNPS Is Now on Facebook

Since its inception in 1997, the Finger Lakes Native Plant Society has endeavored to provide its members with information and news about the flora of our region. The means by which we do that has changed over the years. Our newsletter *Solidago* is now produced in full color and delivered via e-mail. Our website ([flnps.org](http://flnps.org)) features enhanced content and important announcements. In the spirit of keeping current and reaching out to members and interested parties, far and wide, the “Finger Lakes Native Plant Society” now has a Facebook page! Would you like to share a striking photo of fall foliage, or do you need help identifying a composite growing in your yard? Ask your FLNPS Facebook friends!

We hope members will enjoy using this social platform for instant sharing of content with countless others with an interest in Finger Lakes flora. “Like us” on Facebook!

#### OTHER BOTANICAL EVENTS

#### **July 16 — Saturday — 9:00 a.m. to 2:00 p.m. Dryden Open Gate Garden and Art Tour, \$5 per person.**

This is a walking tour through the historic district of Dryden Village, starting from the Municipal Parking Lot on George St., Dryden, N.Y. Walk or ride the free shuttle to each garden. Maps will be available. The *gardens incorporate some native plants in these urban spaces*. Money raised from this tour is used to maintain Dryden Village parks, public spaces, and especially the Monarch and Butterfly Garden next to the Jim Schug Trail at Main Street. **Contact Dryden Beautification** (Facebook or webpage).

**June 26, July 17, & August 21:** The **Leatherstocking Botanical Society** will conduct field trips this summer, just east of the Finger Lakes, in Chenango, Otsego, & Herkimer Counties, N.Y. (See details on the FLNPS website).

The **Finger Lakes Land Trust** ([fllt.org/events/](http://fllt.org/events/)) and **Cayuga Trails Club** (<http://cayugatrailsclub.org/events/>) also sponsor outdoor events in the summer. Please see their websites for details.

The **2016 Upper Delaware BioBlitz** will be held **June 24-25** at the Ten Mile River Boy Scout Camp in Tusten Town, Sullivan Co., N.Y. Teams of scientists and amateur naturalists will converge on the site to conduct a 24-hour biological survey. For more information, see:

<https://www.facebook.com/UpperDelawareBioBlitz>  
<http://www.upperdelawarebioblitz.com/>